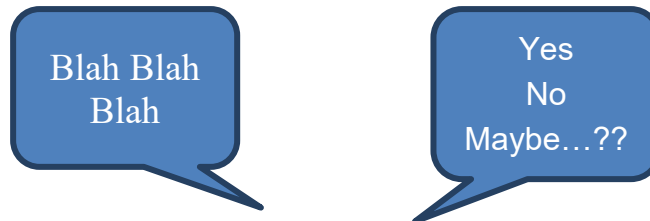


Effective Communication: Well Said, Well Heard

The Office Whisperer 

presents



Effective Communication: Well Said, Well Heard

If you have ever been frustrated by miscommunication or the inability to get your point across, this is the workshop for you!

The foundation of this workshop reflects the Stephen Covey quote:

“Seek first to Understand and then to be Understood.”

Self-awareness is an absolute key in building strong communication techniques and in turn, strong relationships.

From CEO's to sole traders, to budding entrepreneurs, connect with professionals from other industries and gain confidence in working through real life examples.

Workshop objectives

- Build confidence & self-expression
- Understand the importance of making a great first impression
- Utilise the STAR method
- Build Rapport easily
- Understand Goal Setting
- Appreciate and apply congruent Body Language
- Manage Personality Conflicts



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